

Dr. Parnian Pajouhandeh, Ph. D., C. Psych., Psychologist & Associates

Shannon Mossip, M.A., C. Psych., Psychologist
Kathy Michel, M.A., Psychometrist

Joyce Eull, R.N., Psychotherapist
William Eull, Ph.D., C. Psych., Psychologist

CONDITIONS OF SERVICE

Benefits and Risks of Assessment/Treatment

While psychological assessment and therapy can help individuals find relief and new ways of coping and problem-solving, therapy can occasionally elicit difficult or distressing emotions. At all times, you have the right not to discuss a topic, or to terminate the session or therapy. Therapists are responsible for trying to help you achieve change with the minimum distress possible and to help you gain new understandings about yourself. Although there isn't a guarantee of improvement for every situation, psychologists are trained to use therapies and techniques that have been researched and shown to be beneficial for most people. Short-term therapy is generally focused on change or stabilization in one or two areas that you define as your goal(s). Longer-term therapy is usually for people who have long-standing or severe problems, often stemming from trauma or childhood difficulties, who want more extensive therapy to reach their goals of more stable mental health.

Confidentiality and Limits of Confidentiality

Psychological services are confidential by law. You must provide written consent for your psychologist to discuss or release any information to anyone, including your spouse, lawyer, etc. However, there are four exceptions to confidentiality, as follows:

1. If you pose an imminent (immediate, serious) risk to yourself or to another person.
2. If you disclose that a child (under 16 years of age) is being abused or is at risk of harm.
3. If you disclose that a regulated health care professional sexually abused or sexually harassed you, the professional must be reported to their regulatory College (e.g., College of Physicians and Surgeons) but your name can be withheld.
4. If disclosure of therapy information is ordered by subpoena or court order.

Privacy and Record Keeping

The storage, retention and destruction of your personal information comply with existing legislation and privacy protection protocols and with the standards of College of Psychologists of Ontario. Your file will be stored in a locked cabinet and will be kept for at least 10 years after your last date of contact. You may request an appointment to review the contents of your file. Although you cannot remove your file, you can request a photocopy or take notes.

North Durham Professional Counsellors

188 Mary Street, Unit B, Port Perry, Ontario L9L 1B7
905.985.1130 1.800.253.0181 905.985.6374 (fax)

www.northdurhamcounsellors.com
drparnian@northdurhamcounsellors.com

Fees

Our fees for psychological services fall within the guidelines set out by the Ontario Psychological Association. Fees for psychological services are not covered by OHIP but may be reimbursable through the client's own or their spouse's Extended Health Care Plans. Fees may also be covered by some Third Party Payers such as the Workplace Safety and Insurance Board, Auto Insurance Companies, Veterans Affairs, Non-Insured Health Benefits for First Nations, or the Criminal Injuries Compensation Board. Additional services such as completion of reports and forms or telephone consultations may be billed at the hourly rate. This can be discussed with the practitioner if required.

Payment

Payment is due at the end of each session/appointment. The preferred method of payment is cash or cheque; however, VISA and MasterCard are also accepted. There will be an additional charge of \$45.00 for NSF cheques. Upon receipt of payment you will be provided with a receipt, which you can submit to your insurance company for reimbursement if you have extended health care coverage. Please note that psychological services are a tax-deductible health expense that can be claimed as a medical expense on your personal income tax.

Cancellation Policy

We require at least 48 hours of notice for a cancellation of an appointment. Our policy is to charge full regular fees for missed appointments and cancellations made with less than 48 hours notice. You may leave a message at any time on our voice mail or with our office assistant at 905-985-1130 to notify us of your need to cancel or change an appointment.

I acknowledge that I have read and understood the information contained in this document and voluntarily agree to participate in psychological assessment/therapy.

Print Name: _____

Signature: _____

Date: _____